Important Numbers

Fire and police emergency – 911 Social service resource and referral – 211 (or www.211iowa.org)

Domestic Violence/Sexual Assault Crisis line 877-362-4612 (24 hours/day)

Statewide Child/Dependent Adult Abuse Hotline 800-362-2178 (24 hours/day)

Iowa Concern Hotline (for stress, financial and legal issues) 800-447-1985 (24 hours/day)

Disclaimer: The services and information in this directory are not all inclusive of the resources in our community. If you are aware of other community services you would like to add to this directory or if you know of inaccurate information listed in this directory, please contact *BVCS Early Childhood Iowa 712-662-3880 (page 21)*. Your assistance is greatly appreciated.

Revised 2014, BVCS Early Childhood Iowa

Buena Vista County Resource Directory



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- ➤ Kiwanis Meets at Historic Masonic Building 617 Lake Ave, Storm Lake; Website: http://www.hynoonkiwanis.com/
- ➤ Kiwanis Meets at Alta Wel-Life 705 W 7th Alta, IA National Find a Club http://www.kiwanis.org/
- ➤ 4-H http://www.extension.iastate.edu/buenavista/4h Phone: 712-732-5056
- Knights of Columbus 712-732-1180
- Life-Line Resources, 507 Lake Ave, Storm Lake, IA http://www.life-lineresources.com/index.html Phone: 712-899-1911
- League of United Latin American Citizens National website to locate a local chapter http://lulac.org/about/find_lulac_councils/
 The Mission is to advance the economic condition, educational attainment, political influence, housing, health and civil rights of the Hispanic population of the United States.
- SALUD, held at Our Place, A multicultural health coalition working with the community towards physical, metal and social well-being for ALL its members. https://www.facebook.com/OurPlaceStormLake
- School Parent Groups (Booster Clubs, PTA) contact your local school see page 24
- ➤ Storm Lake Area Arts Council contact (712) 732-7032 or email storm_lake_area_arts_council@hotmail.com
- Storm Lake Chamber http://www.visitstormlake.com/chamber.aspx
- Storm Lake Rotary Club https://www.facebook.com/SLRotary

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Financial & Income Assistance

> Buena Vista County Dept. of Human Services Office

DHS Courthouse Annex, 311 E 5th St, Storm Lake, IA 50588

Phone: 712-749-2536; Fax:

Income and Resources for Meeting Basic Needs

(Income and resource/asset guidelines apply) http://www.dhs.state.ia.us/

- Medicaid/Title 19 health care
- Cash Assistance (FIP Family Investment Program)
- Food Assistance (Food Stamps)
- Child Care Payment Assistance
- Job Training Assistance
- Civil Commitment for Sexual Offenders

> Child Support Unit- Enforces payment of ordered child

Support, assists in modifying or ending a child support order when appropriate.

Phone: 1-888-229-9223 (Toll Free) Website: https://childsupport.ia.gov/

Supplemental Security Income (SSI)

Social Security Administration, 800 Oneida St, Storm Lake IA 50588 Phone: 712-732-1095 Visit us on Facebook

Determines eligibility for services, takes applications for assistance, and answers questions dealing with social security.

National Helpline: 800-772-1213 http://www.socialsecurity.gov/

Monthly income available for low-income individuals who are disabled or over 65.

> Buena Vista County General Assistance

PO Box 1332, 1709 E Richland St., Storm Lake, IA 50588 Phone: 712-749-2706; Fax:

Short-term financial assistance to those meeting eligibility requirements (i.e.: utilities, shelter, food vouchers, emergency medical); assistance in applying for other benefits.

Veterans Service Officer

1709 E Richland Ave, Storm Lake, IA 50588

Phone: 712-749-2562; Fax:

Assist veterans and family members in applying for veterans benefits (ie: pension or service connected compensation, medical, death and burial, education, home loan, life insurance).

Service Organizations

- ➤ American Legion National website http://www.legion.org/
- ➤ Blue Ribbon Committee: 712-737-2943 ext. 319
- ➤ Boy Scouts National website http://www.scouting.org/
- ➤ Buena Vista Cattlemen's Association http://www.iacattlemen.org/
- ➤ Buena Vista County Community Foundation http://www.bvcountyfoundation.com/
- ➤ Buena Vista County Corn Producers http://www.iowacorn.org/en/buena_vista_county_corn_growers/
- ➤ Buena Vista Community Theater, Touch of Broadway, contact information e-mail at bvct@touchofbroadway.com
- ➤ Buena Vista County Fair Board http://www.extension.iastate.edu/Phone: 712-732-5056
- Buena Vista County Historical Society Phone: 712-732-4955 or http://www.stormlake-ia.com/bvchs/
- ➤ Buena Vista County Pork Producers http://www.iowapork.org/
- Buena Vista Regional Medical Center,
 Volunteer Services Coordinator
 Phone 712-213-8619 http://www.bvrmc.org
- Community Education/Recreation 519 Lake Ave, Storm Lake, IA 50588 Phone: 712-732-5711. Engages schools, families and community in a process designed to establish and meet educational and community goals.
- ➤ Girls Scouts National website https://www.girlscouts.org/
- Friends of Storm Lake Public Library 712- 732-8026 http://www.stormlake.lib.ia.us/

> Iowa Legal Aid

Northwest Iowa Regional Office, 520 Nebraska Ave, Sioux City IA ph: 800-532-1275 application line or 800-342-9229

http://www.iowalegalaid.org/

Legal representation for low-income Iowans in selected situation. Information available on-line, in English, Spanish, Chinese, and Bosnian. On-line chat also available.

> Legal Hotline for Older Iowans 800-992-8161

http://www.iowalegalaid.org/

Hours: 9:00 – 4:30 M - F

A project of Iowa Legal Aid. Provides free, confidential legal advice and other services to Iowans age 60 or older. Information and advice about noncriminal issues, including: Consumer & Finance, Housing, Family Law, Grandparent Visitation and other issues, Individual Rights, Wills and Life Planning, Health Care, Public Benefits Nursing Home and Long Term Care.

➤ Iowa Concern Hotline 800-447-1985

www.extension.iastate.edu/iowaconcern/

Free, confidential 24/7 hotline to assist with issues causing stress, including financial, legal and other issues. Attorney on staff to provide legal information. Operated by Iowa State University Extension. Information and live chat available on-line.

> Office of Ombudsman

ph: 515-281-3592 or 888-IA-OMBUD (888-426-6283)

Email: ombudsman@legis.iowa.gov

https://www.legis.iowa.gov/Ombudsman/

A legislative office established to investigate complaints and answer questions concerning most state and local government agencies.

lowa Attorney General Consumer Protection Office

ph: 515-281-5926 or 888-777-4590

Email: consumer@iowa.gov

Information and enforcement to protect consumers from fraud and ensure fair competition. The Attorney General's office also helps crime victims, raises child support awareness, and provides other legal services to the state of Iowa.

Iowa Attorney General Main Office

Ph: 515-281-5164<u>www.iowa.gov/government/ag</u> Website: http://www.iowaattorneygeneral.gov/ Page 3

> Low Income Home Energy Assistance Program

Upper Des Moines Opportunity (UDMO) Outreach Office 620 Michigan St, Storm Lake, IA 50588

Phone: 712-732-1757; Fax: 712-732-2420

Website: www.udmo.com

9 a.m. -3 p.m. Mon-Fri or by appointment.

The Low-income Home Energy Assistance Program (LIHEAP) is designed to aid qualifying low-income Iowa households (homeowners and renters) with income at or below 150% of the Federal Poverty Guidelines. Applications are accepted on a first come/first served basis at your local Outreach Center from November 1 through April 30 (October 1 for households with elderly/disabled member).

- In the payment of a portion of their residential heating cost for the winter heating months. encourage regular utility payments,
- To promote energy awareness and to encourage reduction of energy usage through energy efficiency, client education, and weatherization.
- Emergency Food Pantry, and a variety of other assistance programs, including a clothing & furniture shop.

Other Services Offered through the UDMO Outreach Office

- **LIHEAP Crisis Assistance:** Helps in a life threatening situation for temporary shelter, fuel, blankets, heaters and furnace repair. Furnace replacement may be available for homeowners.
- **Emergency Food Pantry:** Service available to eligible families with little or no food. 10-14 day supply of food and non-food items available.
- **Emergency Voucher:** Provides eligible applicants with limited financial help for basic needs.
- Client Advocacy: Assisting clients with providers and organizations to receive assistance resolving difficult situations.
- Adopt-A-Family Christmas Program: Families are "adopted" in the surrounding communities at Christmas time and are provided with gifts and food for the holiday.
- **Special Projects:** School supplies/clothing, holiday food baskets, based on available funding.

> Iowa State University Extension & Outreach

Buena Vista County Office, 824 Flindt Dr, Storm Lake, IA 50588 Phone: 712-732-5056 Follow us on Facebook

Website: http://www.extension.iastate.edu/buenavista/

Research-based, non-commercial information for families (nutrition, family life, money management, etc), youth (through 4-H and other programs), agriculture, communities, and business and industry. Specific services include workshops, publications in print and on-line, individual consultation and more.

Other Financial Assistance/Resources

> Community Services Department

728 Erie St PO Box 1332, Storm Lake, IA 50588

Phone: 712-249-2556

Facilitates the development of the Individual Service Plan and assist in obtaining services for those who are mentally ill, chronically mentally ill, mentally retarded and developmentally disabled.

> Consumer Credit Counseling of Iowa

705 Douglas Suite 350, Sioux City, IA 51101

Phone: 800-509-5601 or 712-252-1861 Visit us on Facebook

Website: http://www.centerforsiouxland,or.

Provides assistance, information and direction by building bridges between people with needs and people with the solutions through community assistance, money management and senior programs.

> Iowa Health and Wellness

Website: http://www.ime.state.ia.us/

Health Care Assistance: Do you have questions about applying? You can apply online-, by phone, by mail, or in person at your DHS office (page 2).

Questions on Medicaid and Health Care Coverage: If you're new to Medicaid and looking for information about health care coverage options, call the Department of Human Services Contact Center toll-free at 1-855-889-7985, Monday – Friday, 7:00 am – 6:00 pm.

> lowa Marketplace

Individuals and small businesses can use the Marketplace to purchase affordable health insurance from a choice of products offered by qualified health plans. The Marketplace will also coordinate eligibility and enrollment with Medicaid and CHIP (the *hawk-i* program).

Website: <u>HealthCare.gov</u> Phone: 1-800-318-2596

> Iowa Mediation Service (Offices around the State)

1025 Ashworth Rd. Suite 504, West Des Moines, IA 50266

Phone: 515-331-8081

Website: http://www.iowamediiationservice.com/

Financial assistance services provided through the means of mediation, arbitration, focus group facilitation, training and consultation.

Salvation Army

Phone: 712-732-8010 Visit on Facebook Christian based services meeting the needs of communities through disaster relief and emergency financial assistance.

Colleges

Buena Vista University (BVU) – Phone: 712-263-2127

610 W 4th Street, Storm Lake, IA 50588

Website:http:www.bvu.edu/ Facebook

Iowa Central Community College (ICCC) – Phone: 712-732-2991

916 N Russell St., Storm Lake, IA 50588

Website: http://www.iowcentral.ed/ Facebook

Provides GED and ESL classes

Prairie Lakes Area Education Agency

824 Flindt Drive, Suite 105, Storm Lake, IA 50588

Phone: 712-732-2257

Lending Library for Teachers: 800-594-9494

Regional support system for K-12 school districts, providing special services, training, and technical assistance for school staff, students, and

their families.

Public Libraries

Alta Community Library;	Alta	Comm	unity	Librar	v;
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1009 Main Street Alta, IA 51002 Phone: 712-200-1250

Albert City Public Library

215 Main Street, Albert City, IA 50510 Phone: 712-843-2012

Linn Grove Public Library

110 Weaver Street, Linn Grove, IA 51033 Phone: 712-296-3919

Marathon Public Library

306 W Attica, Marathon, IA 50565 Phone: 712-289-2200

Newell Public Library

205 E 2nd Street, Newell, IA 50568 Phone: 712-272-4334

Sioux Rapids Memorial Library

215 2nd Street, Sioux Rapids, IA 50585 Phone: 712-283-2064

Storm Lake Public Library

609 Cayuga Street, Storm Lake, IA 50588 Phone: 712-732-8026

Rembrandt Public Library Main Street 7 Broadway

Rembrandt, IA, 50576 Phone: 712-286-6801

Education

Child Care Centers

— Head Start – Alta – Storm Lake - (800) 245-6151 or (712) 859-3885 Website: http://www.udmo.com/HeadStart.htm - see page 21

— Sioux Central Child Care Infant– Sioux Rapids

Phone: 712-283-2395

Sioux Central Child Care -Sioux Rapids

Phone: 712-283-2945

— Call City of Newell to see if option is still available to own/operate licensed child care center/home at the old child care center site.

Private Preschools

Grace Lutheran Pre-School, 1407 West 5th St, Storm Lake, IA 50588

Phone: 712-732-5005

Wee Care Preschool, 505 W Highway 7, Alta, IA 51002

Phone: 712-200-2321

> Preschools and Elementary Schools

Albert City Truesdale - Albert City - Phone: 712-843-5416

Website: http;//www.albertct.k12.ia.us

Alta Community School – Alta – Phone: 712-200-1331

Website: http://www.alta.k12.ia.us/

Newell-Fonda CSD – Newell – Phone: 712-272-3324 or 712-272-3325

Website: http://newell-fonda.k12.ia.us

Sioux Central CSD – Sioux Rapids – Phone: 712-283-2571

Website: http://sioux-central.k12.ia.us

Storm Lake CSD – Storm Lake – Phone: 712-732-8060

Website: http://storm-lake.k12.ia.us/

Saint Mary's Catholic School – Storm Lake – Phone: 712-732-8060

Website: stmarys-storm-pvt.k12.ia.us/

➤ Middle Schools (websites listed under Elementary)

Albert-City Truesdale – Albert City – Phone: 712-843-5416

Alta Community School - Aurelia - Phone: 712-434-5595

Newell-Fonda - Newell - Phone 712-72-3324

Sioux Central CSD – Sioux Rapids – Phone: 712-283-2571

Storm Lake CSD – Storm Lake – Phone: 712-732-8060

Saint Mary's Catholic School – Storm Lake – Phone: 712-732-8060

➤ **High Schools** (websites listed under Elementary)

Alta CSD – Alta – Phone: 712-200-1331

Newell-Fonda CSD - Newell - 712-272-3324

Sioux Central CSD – Sioux Rapids – 712-283-2571

Storm Lake CSD - Storm Lake - 712-732-8060

Saint Mary's Catholic School – Storm Lake – 712-732-8060

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Housing Assistance

Weatherization

Upper Des Moines Opportunity (UDMO) Outreach Office 620 Michigan St, Storm Lake, IA 50588

Phone: 712-732-1757; Fax: 712-732-2420

Website: www.udmo.com

Minor home improvements to reduce residential energy costs, available to homeowners and to renters. Typical steps include blowing insulation; sealing doors; duct sealing; and basic heating repair. Education given on use and maintenance of improvements made.

> Northwest Iowa Regional Housing

217 West 5th St PO Box 1493, Spencer, IA 51301

Phone: 712-262-7255 Ext. 139 Fax: 712-662-7665

http://www.nwipdc.org/

Housing assistance to benefit low to moderate income home buyers or home owners, including a Revolving Loan Fund for home repairs, and down payment assistance. Council of Governments (COG) also assists communities with housing issues on a larger scale.

> Buena Vista County USDA Rural Development

1619 North Lake Ave, Storm Lake, IA 50588

ph: (712) 732-1851; Fax: 855-251-2245

www.rurdev.usda.gov/ia/rhs.html

Mon-Fri, 8:00 - 4:30

Home Repair Assistance. Very low-cost loans available to make needed home repairs or renovations. In some cases grants are also available. Income guidelines apply.

Home Buyer Program. Low-cost home loans with no down payment required available for purchase of homes in rural areas (including small towns). Income guidelines apply.

> Housing & Health Care Facilities

North Lake Manor - 1325 Lake Ave, Storm Lake, IA 50588

Phone: 712-732-3254

Lake Pointe Villa – 408 Barton St, Storm Lake, IA 50588 Phone: 712-732-9338 Website: http://www.mmrcsl.org/LPV.html **Lake View Manor** – 904 E. Milwaukee, Storm Lake, IA 50588

Phone: 712-732-1126 Service Coordinator 712-732-1003

McCord Manor Apartments–210 E. 13th St, Storm Lake, IA 50588

Phone: 712-732-1425

Methodist Manor Retirement Community – 1206 W 4th St, Storm

Lake, IA Phone: 712-732-1120 Website: http.www.mmrcsl.org **Newell Good Samaritan Center** – 415 W Highway 7, Newell, IA

Phone: 712-272-3327 Website: http://www.good-sam.com/communities/

Otsego Place – 520 Otsego St, Storm Lake, 50588

Phone: 712-213-1250 Website: http://www.mmrcsl.org.html

Paradise Park Apartments – 607 W 9th St Storm Lake, IA 50588

Phone: 712-732-2200

Pleasant View Home – 410 Spruce St, Albert City, IA 50510 Phone: 712-843-2238 Website: http://pvhalbertcity.com/
Sioux Care Center – 702 Blake, Sioux Rapids, IA 50585

Phone: 712-283-2302

Wel-life of Alta $-705 \text{ W } 7^{th} \text{ St}$, Alta, IA 51002

Phone: 712-200-2620 Website: http://www.waltta.com/ALF/Defalt.aspx **Maplewood East Apartments** – 524 Oates St, Storm Lake, IA 50588

Phone: 712-732-2236

Seneca Place – 1405 Seneca St, Storm Lake, IA 50588

Phone: 712-732-1969

Holly Heights Apartments – 1800 E Milwaukee Ave., Storm Lake, IA

Phone: 712-213-0080

North Park Apartments – 1724 E Milwaukee Ave. Storm Lake, IA

Phone: 712-732-3198

Food Resources

Food Assistance (Food Stamps)

See Department of Human Services, p. 2

- **▶ WIC (Women, Infants and Children** see page 13
- > Iowa State University Extension & Outreach see page 3

Children and Youth - Families continued

Decat/CPPC

(Community Partnership for Protective Children)

Address: PO Box 375, Orange City, IA 51041

Phone: 712-737-2943 ext. 319

A local child-welfare/juvenile justice community planning initiative designed to lead and advocate local prevention, family-centered, and community based activities to decrease out-of-home and community placements. Promote the four strategies of CPPC: Shared Decision Making, Family Team Decision Making, Community/Neighborhood networking, and Policy Practice change.

Eckerd

Address: 1812 24th Ave West, Suite 104, Spencer, IA 51304

Phone: 712-580-4650

Eckerd's community-based services are cost effective and outcomedriven services that enable children and youth at risk ages birth through 23 to remain safely in their homes and receive services in the community while addressing complex mental, emotional and behavioral needs. These services divert youth at risk from detention and residential programs or to support their successful return from residential placement to their families and communities.

> Juvenile Court Services

Buena Vista County Courthouse, PO Box 1186, Storm Lake, 50588

Phone: 712-749-2564

Delinquency Proceedings, Intake, Informal Adjustments, Formal

Proceedings, and Disposition

Youth Emergency Services (YES)

1231 W. Cedar Loop Suite 110, Cherokee, IA 51012

Phone: 712-225-5777

Short-term emergency shelter for teens in crisis.

Mentoring

TeamMates Mentoring Program of Storm Lake, 1811 Hyland Drive, Storm Lake, IA 50588

Phone: 712-732-8105

Website: http://chapters.teammates.org/chapters/storm-lake/ Who can volunteer? Any adult 18 and over with an interest in supporting a young person can become a Teammates mentor for a youth grades 3-12. How much time does it actually take? Just 1 hour a week! What time of day would I meet with my mentee? As a school based mentoring program, you can meet with your mentee anytime during the school day.

Children and Youth - Families continued

> Boys Town

Phone: Spencer office 712-262-5035

Boys Town hotline (1-800-448-3000) that is answered 24 hours a day. Boys Town was awarded a contract from the Iowa Department of Human Services in 2011. Boys Town representatives can answer questions or help families who have not been referred.

➤ Child/Dependent Adult Protection - report suspected Abuse at: Statewide Child/Dependent Adult Abuse Hotline (24 hours/day) 1-800-362-2178.

> Family STEPS Program

Buena Vista Public Health & Home Care

1709 E. Richland Ave, PO Box 663, Storm Lake, IA 50588

Phone: 712-749-2549 Follow us on Facebook

Office Hours: Mon – Fri, 8:00-4:30; On-call 24/7

Free home visits providing support and education to expectant parents and to parents with children up to age 5. Designed to help provide children a healthy start and to reduce the stress associated with the birth of a baby. No income guidelines.

> Family Development and Self-Sufficiency (FaDSS)

620 Michigan Street, Storm Lake, IA 50585

Phone: 712-732-1757

Website: http://www.udmo.com/FaDSS.htm

FaDSS is a state-sponsored program to help families who are receiving FIP work to become self-sufficient, through home visits and work with a Family Development Specialist. *Eligibility:* Adult member of household must receive FIP (cash assistance through DHS). Call for appointment.

> Family Support Coordinated Intake (State Level):

Phone: 1-888-IAKIDS1 (1-888-425-4371) or email:

early accessia@vnsdm.org

Coordinated Intake is to provide coordinated access to home-based prenatal instruction/child and family support services. Families prenatally and or with children through age five years of age to ensure appropriate referrals, prevent duplication of services, and identify and address gaps in services. Information specialists are available via telephone and e-mail, Monday through Friday, 8:00 a.m. to 7:00 p.m.

> Faith, Hope, and Charity

1815 W. Milwaukee, PO Box 243, Storm Lake, IA 50588

Phone: 712-749-5127

Website: http://www.faithhopeandcharity.org/

Provides quality care for children with special needs including: Residential Program, Community Service program, & respite care.

Food Pantry

Upper Des Moines Opportunity (UDMO) Outreach Office 620 Michigan St, Storm Lake, IA 50588

Phone: 712-732-1757; Fax: 712-732-2420

Website: www.udmo.com

9 a.m. -3 p.m. Mon-Fri or by appointment.

Variety of food and non-food items available to clients who are income eligible. May be accessed once a week and items available depends on supply.

Bread/Garden Surplus/Eggs: Items donated by businesses and people in the community – availability depends on supply.

Congregate Meals

Sponsored by 60+ Nutrition Agency and Elderbridge Agency on Aging. Senior Meal Sites for Buena Vista County

- Storm Lake Senior Center serves M-F at noon. 1528 E. Lakeshore Drive, 732-2828
- Alta Community Center serves at 11:45 M, T, Thurs at 409 Hwy 7, 200-1603
- Linn Grove Community Center serves W at noon, 110 Weaver St, 296-3223
- Marathon Community Building serves Thurs at noon, 306 W. Attica St, 289-6162
- Sioux Rapids American Legion Community Building, Main Street, 283-2207

Nutritious lunch provided Monday-Friday. Call the meal site to make a reservation a day in advance and to determine the time the meal is served. For eligible diners (persons 60 and older, his/her spouse and dependents with disabilities) meeting income guidelines, a half-price donation is suggested. For eligible diners with income above guidelines, a full-price contribution is suggested. For those under age 60, full price applies. Food stamps can be used. Call to find out current price.

Employment

> lowa Works of Spencer

217 W Fifth St, PO Box 1087, Spencer, 51301

Phone: 712-262-1971 Website: http://www.iowaworkforce.org/

Hours: M-T-Th-F 8:00-4:30 Wed 9:00-4:30

Primary services: job placement, job insurance fi ling, services for

veterans, labor market information, re-employment services.

Additional services: pre-employment training, skills assessment, resume

writing, on-the-job training, at-risk youth. A *Resource Center* is

available for use of computer equipment.

> Connection Center at Goodwill

229 W. Milwaukee, 50588

Storm Lake, IA 50588

ph: 712-749-5146 Hrs: M - F 10:00 am - 6 pm

Education: resume and cover letter preparation, job postings, workshops, application assistance, and interview preparation.

Technology: available computers, Wi-Fi Access, free printing and local faxing, multi-media projection screen, and Windows 7/Office 2010.

Networking: Community resources, employment resources, free online

learning, job search sites, career fairs, and resource room.

> Job Corps

National Info-Line: 800-733-JOBS; (800-733-5627)

http://recruiting.jobcorps.gov Denison Job Corps Center

10 Opportunity Dr., P.O. Box 610, Denison, IA 51442

ph: 712-263-4192; Fax: 712-263-6910

Education and training of young persons: ages 16-24, solo parent

program on site.

For application information: contact one of the numbers above.

➤ Genesis Development See page 17

Vocational Rehabilitation Services

824 Flindt Drive, Suite 106, Storm Lake, IA

Phone: 712-732-6548

Helps clients with a variety of medical and psychological condition to

find work.

Children and Youth - Families continued

> Buena Vista, Crawford, Sac, Early Childhood Iowa

116 South State Street, Suite 4, PO Box 204 - Sac City, IA 50583
Phone: 712-662-3880 Follow us on Facebook

Website: bvcsempowerment.com

The BVCS Early Childhood Iowa 3-County Board provides funding to early childhood programs for children prenatal through age five through a Request for Proposal process.

Preschool Tuition Scholarships

Financial assistance in paying for 4-year-old preschool tuition to a local preschool. Sliding fee determined by income. Application required available at participating preschool, BVCS ECI website, or calling the office.

> Early ACCESS

Prairie Lakes Area Education Agency

824 Flindt Drive, Suite 105, Storm Lake, IA 50588

Phone: 712-732-2257

Website: http://www.earlyaccessiowa.org/

Early ACCESS serves children under 3 years of age; who have a health or physical condition that affects his or her growth and development; or have a delay in his or her ability to play, hear, see, talk, or move. There are many services and resources to help your child and family.

> Head Start/Early Head Start

Upper Des Moines Opportunities Inc., Buena Vista County Little Cyclones Preschool, 101½ St Alta, IA 51002 Phone: 712-200-1331 Buena Vista Early Childhood and Family Program 930 East 5th St. Storm Lake, IA 50588 Phone: 712-732-1358 Gingerbread House, 525 Oates St, Storm Lake, IA 50588 Website: http://www.udmo.com/HeadStartLocations.htm Head Start is a federally funded preschool program for children age

three and four by September 15 of the school year. The program offers comprehensive services to enrolled children and their families. Children at Head Start receive nutritious meals, active learning experiences and dental and health gives, support is offered for children with disabilities. Families of enrolled children are encouraged to become involved and are connected to resources and community services as needed. The Head Start program is child-focused with the overall goal of increasing the school readiness of young children. Income guidelines apply.

Children and Youth - Families

Child Care Resource and Referral

Mid-Sioux Opportunity Inc., 418 Marion St, Remsen IA 51050

Phone: 877-216-8481

Call to receive information and referrals for families seeking child care in their community. Information on child care assistance and other family support services for income-eligible families. Online web referrals for child care is also available at www.iowaccrr.org.

Consultants Serving Child Care Providers

Funded by BVCS Early Childhood Iowa:

Child Care Resource & Referral - Child Care Consultant:

Phone: 712-662-4255 or 712-660-0687– variety of child care issues including business management and quality ratings. Appointments needed. Services provided via site visits, phone consultation, email, workshops.

Calhoun County Public Health - Child Care Nurse Consultant: Phone: 712-297-8323 – health and safety issues/trainings in early care and education environments.

Registration/Licensing for Child Care Homes and Centers

Department of Human Services

Mailing Address: CCAU 1305 East Walnut St, Des Moines, IA 50319

Phone: (toll-free): 866-448-4605

 $http://www.dhs.state.ia.us/Consumers/Find_Help/A-Z_Services.html$

> Child and Adult Care Food Program

Upper Des Moines, Opportunities

101 Robin Street PO Box 519. Graettinger, IA 51342

Phone: 800-245-6151

http://www.udmo.com/CACFP.htm

Subsidizes healthy meals and snacks in participating registered child care homes and licensed child care centers. Child care providers: call for information on how to participate.

➤ **lowa State University Extension & Outreach** see page 3 4-H programs and other programs

Love and Logic in Buena Vista County

Funded by a grant from Community Based Child Abuse Prevention (CBCAP) funds. Independent facilitators present parenting classes for the general public. Phone: 712-660-5023 Follow us on Facebook

Transportation

> Regional Transit Authority (Rides)

522 10th Ave E., PO Box 1240, Spencer, IA Phone: 712-262-7920 or 800-358-5037

Website: http://nwiarides.org/ Follow us on Facebook Our company provides quality and dependable taxi service, route, and medical and special trips at reasonable rates. All our transportation vehicles meet and exceed safety regulations and are fully handicap accessible. Our drivers are trained and certified in CPR / first aid, passenger assistance / mobility device, and securement. Wherever life takes you, we'll get you there with care.

> Iowa DOT/Office of Public Transit

Phone: 515-239-1765

Transit Programs Administrator, Statewide Mobility Coordinator.

Storm Lake Cab Company

119 E Railroad, Storm Lake, IA 50588

Phone: 712-732-4420 Follow us on Facebook

Family Safety

➤ Reporting Child Abuse and Dependent Adult Abuse Iowa Department of Human Service Centralized Intake - Child/Dependent Adult Abuse Hotline (24 hours/day): 800-362-2178

➤ Centers Against Abuse & Sexual Assault (CAASA)

506 Erie St, Storm Lake, IA 50588 Visit us on Facebook Crisis line 877-362-4612 Phone: 712-732-8120 Visit on Facebook CAASA provides crisis services to victims of sexual abuse and domestic abuse. These services include a 24 hour crisis line, crisis counseling and advocacy for adults and children, support groups for adults and children, shelter, medical and legal advocacy, school outreach and violence prevention programs, community education and information programs, and professional education. All services *free* and *confidential*.

➤ Court Appointed Special Advocate for Children (CASA)

Courthouse, PO Box 1186, Storm Lake, IA

Phone: 712-749-5184 Visit us on Facebook

Recruits, trains and supports community volunteers to serve as an effective voice in court for abused and neglected children, strengthening efforts to ensure that each child is in safe, permanent and nurturing homes.

Health

> Buena Vista Public Health and Home Care

1709 E. Richland Ave, PO Box 663, Storm Lake, IA 50588

Office Hours: Mon - Fri, 8:00-4:30; On-call 24/7

Phone: 712-749-2548

Website: http://www.bvcountyiowa.com/index.php/public health

Home Health Care and Homemaker Services: for people of all ages, provided by Registered Nurses, Therapists, and/or Home Care Aides. *Payment options:* Medicare, Medicaid (Title 19), Private Health Insurance, Client/Private Pay/Sliding fee scale, State Grant, Veterans Administration, Elderbridge, Worker's Compensation.

* No patient is denied home health care if they are unable to pay a fee.

Blood Pressure Screening: Open to the public, to have blood pressure checked by nursing staff, recommended to call first, medical counseling regarding your blood pressure if applicable.

Immunization Clinics: Scheduled on either the 1st or 2nd Tuesday or the 3rd Tuesday of the month from 1:00-6:00 p.m. Alternate appointments also available. Call for information.

- Vaccinations free for children (birth through 18) who are on Medicaid, uninsured, underinsured (have health insurance, but do not have vaccination coverage), or American Indian or Alaskan Native. Children with health insurance or HAWK-I coverage are referred to family physician. Donation requested for nurse time & supplies.
- Adult immunizations (Hepatitis B, Hepatitis A, Tetanus, Flu, & Pneumonia) are also available. There is a charge per vaccination
- Flu clinics will be posted during flu season (call the office).

TB testing tuberculosis skin test during office hours on every day except Thursday. TB skin testing will require the individual to return to our office in 48 to 72 hours to have their test read. If the test is positive, additional testing will be needed to rule out tuberculosis disease. Fee applies. Call for appointment.

Public Health Emergency Preparedness: to assist in the planning, preparation and as needed the execution of emergency actions in the event of a natural or man-made disaster or disease outbreak. Disease surveillance is completed using the statewide standards and criteria. Public Health Preparedness coordinator is available for public speaking engagements.

Older Adults Continued

> Elderbridge Agency on Aging

22 N Georgia Ave, Mason City, IA 50401

Phone: 641-424-0678 or elderbridge@elderbridge.org 7:45 a.m. - Noon 12:20 pm - 4:15 p.m. Monday-Friday

Website: http://www.elderbridge.org/

Eligibility: Persons 60 years of age or older and their families Information, assistance, case management and/or advocacy for a full range of senior needs. Informational meetings and programs for seniors. Provides funding to other organizations that provide services including: adult day care, chore, congregate/home delivered meals, homemaker/personal care, legal assistance, medication management, mental health counseling, respite, senior health, and transportation.

> Iowa Department on Aging

Department of Elder Affairs, 800-532-3213 or 515-725-3333

Website: https://www.iowaaging.gov/

Handbook For Older Iowans -A comprehensive easy-to-read booklet with basic information about health care, long-term care insurance, financial benefits, powers of attorney, wills and trusts, funeral laws, consumer protection, age discrimination, more. Published by the Young Lawyers Division of the Iowa State Bar Association, revised periodically. Search website for *Handbook for Older Iowans* for a downloadable copy or call for a free copy.

Proteus

409 Kenyon Road, Fort Dodge IA 50501

Phone: 800-798-8225

Basic education, vocational training and other program services to assist eligible seasonal and migrant farm workers and/or their dependents to acquire full-time non-seasonal jobs that offer financial stability. Proteus also helps to stabilize workers' seasonal agricultural employment through local delivery of supportive services.

Senior Health Insurance Information Program (SHIIP)

1-800-351-4664 or www.therightcalliowa.gov

Hours: 8:00 am – 4:00 pm M-F

Telephone consultation and free publications to provide information about the insurance questions faced by older adults, including: Medicare coverage, Medicare Supplement Insurance Policies, Medicare Part D, Long-Term Care Insurance. In person conferences available

Disability

> Genesis Development

1607 N. Lake Ave. Phone: 712-732-5038

http://www.genesisdevelopment.com/

Comprehensive range of services to assist individuals with disabilities to be as independent as possible, including: supported community living; respite care; community supervised living; pre-vocational services; supported employment; home and vehicle modification; consumer directed attendant care; and more.

> Iowa Vocational Rehabilitation Services (IVRS)

325 W Milwaukee Ave, Suite 2, Storm Lake, IA Office hours: 8:00 am -4:30 pm Monday-Friday

Phone: 712-732-7238 (Voice/TTY); Fax 712-732-2536

Website: http://www.ivrs.iowa.gov/

Assists individuals who have disabilities to reach their employment goals. Appointments are needed. Call the Carroll office for appointments in Sac County. *Eligibility:* An individual must have a disability that affects his/her ability to be employed and must need rehabilitation services in order to work.

- Faith, Hope, and Charity see page 22
- ➤ Area Education Agency (AEA) see page 25

Older Adults

Chore Services

Upper Des Moines Opportunity (UDMO) Outreach Office 620 Michigan St, Storm Lake, IA 50588

Phone: 712-732-1757; Fax: 712-732-2420

Website: www.udmo.com

9 a.m. -3 p.m. Mon-Fri or by appointment.

Financial assistance to pay for yard work and snow removal for individuals age 60 and over. Funded by Elderbridge Agency on Aging. Some seniors age 65 and over qualify for additional assistance (minor home repairs, heavy cleaning) through a Medicaid-funded program.

> Experience Works, Inc.

Website: www.experienceworks.org

Senior community service employment program for people 55 and over, who are unemployed or have low incomes (125% of poverty or less). Experience Works offers job search help and on-the-job training.

Buena Vista Public Health and Home Care Continued:

Tobacco Prevention: Buena Vista County's Tobacco Prevention program is active in our schools and our community. In our schools, our prevention groups are of high school age and are student led. The groups participate in various tobacco prevention activities throughout the school year. In our communities, we take part in retail surveys and promote smoke free housing. We also promote tobacco cessation with the use of Quitline Iowa

Safe Sharps Program: Buena Vista County Public Health and Home Care will follow OSHA Standards. The public can pick up a sharps container for a minimum charge from Public Health office and return it to Public Health office when the container is ready to be disposed of at no additional charge. Only sharps in containers purchased from the agency will be handled by agency staff. Client must be participating in an agency program.

Family STEPS in-home visitations program on page 22

hawk-i (Healthy and Well Kids in Iowa)

hawk-i health care coverage for uninsured children of working families. Low or no cost. The *hawk-i* program offers dental only coverage for children who have health insurance but may not have dental coverage. ph: **800-257-8563** (Mon–Fri, 8 a.m.-7 p.m.)

Website: https://www.healthcare.gov/

To qualify, a child must live in Iowa and:

- Be under 19 years old
- Have no other health insurance (including Medicaid)
- Be a citizen of the United States or a qualified alien
- Be in a family that meets the hawk-i income limits
- Cannot be the dependent of a State of Iowa employee

> I-Smile Program

MATURA (North) Community Action Agency 1812 24th Ave West Suite 101, Spencer, IA 51301

Phone: 712-240-3682

The I-Smile Program provides oral health screenings; oral health education; nutrition education relating to oral health; fluoride varnish application; and a referral to a dentist for comprehensive dental needs. The program targets pregnant women and children under the age of 21. Contact the I-Smile Program for additional information.

Health Continued

> Buena Vista Regional Medical Center (Hospital)

1525 W 5th St, Storm Lake, IA 50588

Phone: 712-732-4030 http://www.bvrmc.org/

Provides general and surgical care for inpatient, outpatient care,

participates in the Medicare and Medicaid programs.

Available services: Cardiac Rehab, Emergency Services, Laboratory, Nursing Services, OB, Pharmacy, Pulmonary Rehab, Outpatient Services, Radiology Services, Respiratory Therapy, Physical Therapy and Rehab, Surgical Services more services may be available.

Outpatient specialty clinics include: cardiology, ear nose and throat, general surgery perhapology orthopedics, sports medicine, oncology.

general surgery, nephrology, orthopedics, sports medicine, oncology, physiatrist, podiatry, and urology more services may be available.

Buena Vista Regional Medical Center Home Care and Hospice

1307 W Milwaukee, Strom Lake, IA 50588

Phone: 712-732-2747

Website: http://www.bvrmc.org/

Physical, emotional and spiritual care for a person and their family with a life limiting illness, services are available at home, hospital, or nursing home which all forces are available at home, hospital, or nursing

home, which all focus on comfort and quality of life.

> Buena Vista Women's Health Center

1525 W 5th St, PO Box 309, Storm Lake, IA 50588

Phone: 712-732-4030

Maternal Health Programs

MATURA (North) Community Action Agency 1812 24th Ave West Suite 101, Spencer, IA 51301

Phone: 712-262-0160

Maternal Health Program provides nursing and social assessments to pregnant and post-partum women.

- Prenatal and post-partum health education
- Perinatal depression screening and referral
- Referrals to community resources
- Nutrition counselling
- Family planning counseling
- Interpretation services available upon request

Alcohol Drug Treatment Services

> Al-Anon, Alateen, AA

824 Flindt Drive, Suite 104, Storm Lake, IA 50588

Phone: 712-732-5136

Website: http://www.al-anon.alateen.org/

Support services provided to friends and families of alcoholics through shared experiences, feelings, and frustrations. Twelve step program for people in recovery.

> Compass Pointe

824 Flindt Drive, Suite 104, Storm Lake IA 50588

Phone: 712-732-5136 Fax: 712-732-5136

Mon 8:00am -7:00 pm; Tues 9:00 am- 7:30 pm; Wed 7:30 am -6:00

pm; Thurs 7:30 am -5:30 pm Closed Fri-Sun Website: http://www.compass-pointe.org/

Outpatient substance abuse treatment services (individual and group treatment). *Payment options:* Sliding fee scale. Private insurance, hawk-i, Medicaid accepted. Call for appointment Standard Fee for Assessments and Evaluation

> Season Center for Behavioral Health See page 16

> Jackson Recovery Center (Synergy Center)

1267 W Cedar Loop, Voldeng Bldg, Cherokee, IA 51012 Phone: 712-225-2441 Referral; 712-234-2300; 800-472-9018

Fax: 712-225-2421

Inpatient and Outpatient treatment facility that specializes in drug and alcohol addiction treatment and co-occurring disorder treatment for adults.

→ Gambling Hotline: 800-BETS-OFF (800-238-7633)

24 hours/day, 7 days/week

Information and referrals for gambling concerns – for yourself or others.

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Mental Health/Counseling continued

> Lutheran Family Services of Iowa

1407 W Fifth St., Storm Lake, IA 50588

Phone: 712-276-9000; 800-622-7285 or info@LFSiowa.org

Provides counseling, spiritual direction, pregnancy counselling and

support groups for all despite spiritual beliefs.

Lutheran Services of Iowa

205 S 7th St., Denison, IA 51442

Phone: 712-263-9341

Website: http://www.lsiowa.org

Behavioral Health Intervention Services (BHIS), In-home skill building

servicers for children with chronic mental health issues (Title XIX).

Services include: therapy, family communication and support, Pregnancy Prevention, Iowa KIDS Net adoption.

New Directions

808 Michigan Street, Storm Lake, IA 50588

Phone: 712-213-7814

Counseling for group or individual, ages 5 and up.

> Season Center for Behavioral Health

Central Office: 201 East 11th Street, Spencer, IA 51301

Phone: 800-242-5101 or 712-749-2564

Storm Lake Office: 608 Geneseo, Storm Lake, IA 50588

Phone:

Website: http://www.seasoncenter.org

Services available: Behavioral Health Intervention, Case Management, Community Based Support (assist children in transition for group care to home), Consultation and Education, Emergency, Inpatient and Out-Patient Psychiatric, Outpatient Counseling and Therapy, Psychological Testing and Substance Abuse. Programs available: Domestic Abuse Intervention, Peer Support. Special initiative: Trauma-Informed Care, Specialized Substance Abuse Services; Integrated Health Homesprovider, children and adults.

Central Point of Coordination (CPC), Community Services Department (CDC)

605 Cayuga St. Court House Annex, Storm Lake, IA 50588

Phone: 712-749-2556

Monday – Friday, 8:00 - 4:30

Facilitates the development of the Individual Service Plan and assists in obtaining services for those who are mentally ill and developmentally disabled.

Health Continued

Planned Parenthood

Gateway North Mall, 1900 Grand Ave. N, Spencer, IA 51301 Phone: 712-262-1588 Follow us on Facebook

Website: http://www.plannedpaerenthood.org

Health center focused on pregnancy prevention, Pop tests, and breast exams, treatments for sexually transmitted infections, abortions, and educational programs.

United Community Health Center

715 W. Milwaukee Ave, Storm Lake IA 50588

Phone: 712-213-0109 or 855-871-0109 Fax: 712-213-0186

Website: http://www.uchcsl.com/ Visit us on Facebook

Health appointments Monday-Saturday, some evening hours Appointments recommended; same day scheduling available.

General primary and preventative health care for children and adults, including well-child and well-adult exams, sports physicals, vaccinations for children and adults, family planning, laboratory and low-cost pharmacy services. Spanish and Sudanese interpreters and language line available. Full Dental Services available M-F.

Payment options: Private insurance, Medicare and Medicaid accepted. Sliding fee scale for those without insurance (bring one month's pay stubs or last year's tax return to determine fee).

> Women's, Infant and Children Food Programs (WIC

Upper Des Moines, Opportunity

620 Michigan St., Room 4, Storm Lake, Iowa 50588 Phone: 712-213-1230 Fax: 712-732-1471

UDMO's WIC program provides monthly financial allotments to women and children whose incomes are at or below 185% of the federal poverty guidelines. Target populations include:

- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends)
- Breastfeeding women (up to infant's 1st birthday)
- Non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends)
- Infants (up to 1st birthday) Children up to their 5th birthday

Law Enforcement Services

> Buena Vista County Sheriff

411 Expansion Blvd., Storm Lake, IA 50588 Phone: 712-749-2530 (911 for EMERGENCIES)

> Alta Police Department Administrative

223 Main St, Alta, IA 51002

Phone: 712-200-2251

> Newell Police Department

207 E 2nd St., Newell, IA 50568

Phone: 712-749-2121

> Storm Lake Police Department

401 E. Milwaukee, Storm Lake, IA 50588

Phone: 712-749-2525

Buena Vista County Government Offices

Buena Vista County Courthouse:

PO Box 220, 215 E 5th St, Storm Lake, IA 50588-2371

Website: http://bvcountyiowa.com/

Driver's License (renew driver's license) 712-749-2571

Hours M - F 8:15 a.m. - 4:00 p.m.

Treasurer (taxes) 712-749-2534

Clerk of Court Phone: 712-749-2546

County Attorney 606 Geneseo St. Storm Lake, IA 50588

Phone: 712-732-1933

Emergency Management/Homeland Security

411 Expansion Blvd. Storm Lake, IA 50588

Phone: 712-749-2705

Coordinates emergency planning activities and services in the event of a disaster, assists governing officials in the event of a disaster, and promotes public knowledge of emergency management and dissemination to the public.

Mental Health/Counseling

Catholic Charities

1709 E Richland Ave. Storm Lake, IA 50588

Phone: 712-732-9597

Sioux City Office Phone: 712-252-4547

Works toward reducing poverty, promoting human dignity, supporting families, and empowering communities regardless of their religious,

social or economic backgrounds.

Catholic Social Services

1200 3rd Ave NW, Fort Dodge, IA 50501

Phone: 515-576-4156

Serves all faiths for: Adoption Services: study and placement, Individual Couple and Family Counseling, Pregnancy Services, Sexual Abuse

Treatment Program, and Pregnancy Counseling.

> Cherokee Mental Health Institute

1251 West Cedar Loop, Cherokee, IA 51012

712-225-2594 (24 hours a day)

Inpatient treatment for adults, adolescents and children who are in need of acute psychiatric service. Adolescent and children age 7-17 served. Services available only upon referral by a county's CPC (Central Point of Coordination for mental health services); in Buena Vista County contact (712-749-2556).

> Plains Area Mental Health Center

728 Erie St., Storm Lake, IA 50588

Phone: 712-213-8402 Fax: 712-213-8411 Website: http://www.plainsareamentalhealth.org/

Provides professional, confidential, psychiatric services for mediation management, along with outpatient counselling to assist individuals of all ages, couple and families. Treatment focuses on issues ranging form stress, depression, anxiety, trauma, abuse, loss, child behavior, and

more.